

Food Intolerance Testing

MDL offers multi-parameter testing containing optimized combinations of up to 204 relevant foods and their respective additives for detecting food-specific IgG antibodies in serum via Immunoblot.

Food intolerances are on the rise. Non-IgE mediated, or non-allergic, food hypersensitivities or food intolerances may present as non-immunologic adverse reactions in gastrointestinal-related disorders, such as lactase deficiency, dietary protein-induced enterocolitis syndromes, and eosinophilic gastrointestinal disease, as well as in autoimmunity disorders, inflammatory skin diseases, migraine headaches, chronic fatigue syndrome, asthma, and even autism. These conditions often resolve when the offending food is avoided.

Advantages:

- Testing performed by A CLIA certified CAP-accredited reference laboratory that adheres to strict where state and federal regulations to provide a "clinical approach"
- At-home tests are not a replacement for a clinical diagnosis and doctor-recommended treatments. A clinical diagnosis is most useful for making safe dietary choices
- Only 5-7 days from sample to results, instead of 2-6 weeks
- Serum specimen required
- **Prepayment in full is required**

\$170 Test 2003 Food Sensitivity Test (Reactivity to 96 Foods) IgG by Immunoblot

\$190 Test 2002 Expanded Food Sensitivity Test (Reactivity to 108 foods) IgG by Immunoblot

\$360 Test 2001 Comprehensive Food Sensitivity Test (Reactivity to 204 foods) IgG by Immunoblot

Categories include: Dairy & Egg, Fish & Seafood, Fruit, Gluten Containing Cereals, Gluten Free Cereals & Alternative Foods, Herbs & Spices, Legume, Meat, Miscellaneous, Mushroom, Nuts & Seeds, Salads, Vegetable.



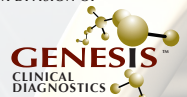
Scan for a detailed food listing.



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A DIVISION OF



IH0265 Upd.: 9.2023

MDL#: 10078594 Preliminary Test Results
 Patient Information: SSN: N/A DOB: 4/10/1973 (Age: 49)
 DOE, JANE

Specimen Type:	Serum
Date Collection:	
Date Processed:	10/12/2022
Date Reported:	11/15/2022

This test was developed and its p and Drug Administration. The FDA Serum-1,2001,Comprehensive Fo

Please note: The results obtained modification diet. The presence of not make a diagnosis yourself. Co disease symptoms and immune re 3 months. For results of class 2, th intolerance is rare. Results of clas foods must always be carefully pla quantities. Therefore, in cases of p this test does not determine antibo as tingling in the mouth, hives, sw disease easier. If you have a food applies if you have celiac disease

Class	Intensities	Ref
0	000 <= IgG <= 017	Lo
1	018 <= IgG <= 058	Mid
2	059 <= IgG <= 116	Mc
3	117 <= IgG <= 255	Hg

A positive result is provided for bar (Pyrosequencing), and/or sequenc reported above are available from

mdl MEDICAL DIAGNOSTIC LABORATORIES

2439 KUSER ROAD, HAMILTON, NJ 08690-3303
 TL: 609-570-1000, FX: 609-570-1050, TF: 877-269-0090
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Low Reactive Foods

Aloe	BamI
Whe:	Buck
Cele:	Cinn:
Crani:	Glute
Herri:	Kidne:
Maca:	grain
black	Quail
Sesa:	Strin:
Turni:	

Category	Food
Fruit	
Herbs & Spices	
Legume	
Fish & Seafood	
Vegetable	
Dairy & Egg	
Fish & Seafood	
Fruit	
Gluten containing cereal	
Herbs & Spices	
Nuts & Seeds	
Vegetable	

- Aloe vera
- Anchovy
- Anise
- Apricot
- Artichoke
- Arugula
- Asparagus
- Avocado
- Baker's yeast
- Baking powder
- Bamboo shoots
- Banana
- Basil
- Bay leaf
- Beef
- Beetroot
- Beta-lactoglobulin
- Black currant
- Black tea
- Black Wheat
- Blackberry
- Blueberry
- Brazil nut
- Brewer's yeast
- Broad bean
- Broccoli
- Brown rice
- Brussel sprouts
- Buckwheat flour
- Butter
- Cantaloupe
- Caper
- Carob
- Carp
- Casein
- Cashew nut


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 11 QUAKERBRIDGE ROAD
 DAYTON, NJ 08810
 Patient ID: N/A

Ordering Physician/Lab: NPI:
 JOHN DOE MD1
 JOHN DOE, MD
 HOUSTON, USA
 HOUSTON, GU 23890
 Tel: (182) 818-1811
 Fax: (609) 246-7446

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FOOD INTOLERANCE TESTING - SUMMARY REPORT

HIGH REACTIVITY	MODERATE REACTIVITY	MILD REACTIVITY
Curry	Cucumber	Almond
Fig	Garlic	Rapeseed
Tomato	Oyster	Apple
White bean		Barley grain
		Red cabbage
		Bell pepper
		Rye grain
		Sea bass
		Sole
		Carrot
		Wheat grain
		White potato
		Winter squash
		Zucchini
		Egg yolk
		Mustard seed
		Pine nut